
Reflective Living with Dr. Angela

Ways You are Smart

Do you know how you are smart?

So often we ask **whether we are smart** when we really should ask ***how are we smart?***

Our ability to learn and reason, as well as our capacity for knowledge and understanding will improve as we develop our natural talents, gifts, and abilities.

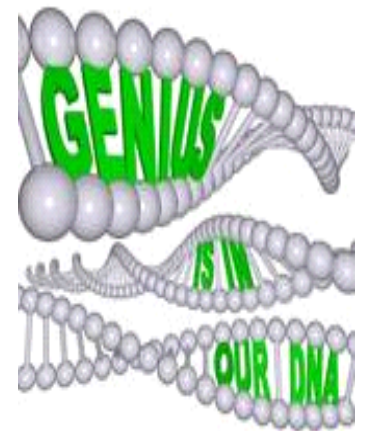
When we reflect upon information that is aligned with our natural propensities, we gain the insight and the motivation to move in a positive direction.

One of the well kept secrets of avoiding trouble in life can be found in understanding ourselves.

When we know who we are and we know what we can do, we can head expeditiously in the right direction.

Please be certain that if you do not know where you are going, any road will take you there.

So remember to give yourself the gift of reflection.



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- Your Intellectual Gifts
- Developing Your Intellectual Gifts