
Reflective Living with Dr. Angela

Personal Intelligence

Do you want to expand
your capacities?

One way to do this is to develop your personal intelligence. This is the inward ability of knowing your talents and character plus the outward ability of relating to people. As it is an inside-out approach to personal development, it is possibly the most important of all the intelligences. Only when you know what you offer the world can you make your greatest contributions.

Similarly, the outward ability to relate to people is chiefly important in how you carry yourself, how you speak, and how you interact with others. It is also on display through your etiquette, through your appearance, and through your influence.

When considering personal intelligence, overrating yourself is just as tragic as never discovering an extraordinary talent.

So, if you really want to soar, develop yourself from the inside-out.

And remember to give yourself the gift of reflection.



Similar topics are available electronically:

- Spiritual Intelligence
- Moral/Human Intelligence
- Emotional Intelligence