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# Reflective Living with Dr. Angela

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## Real Love

### Are you familiar with real love?

Real love is a decision motivated by a pure heart. I want to be clear; real love feels good but real love has no aftertaste and allows you to maintain your dignity.

Real love is neither grievous nor does it leave you feeling like a door mat. While it shines brightest through meekness, it does not take advantage of weakness nor does it insist that you play the role of victim.

Real love does not seek to always have its own way nor is it easily offended. Love rejoices in seeing you rise up to become your personal best.

Love is honorable and it leaves you whole. So do not settle for counterfeits when you were created to experience real love.

**And remember to give yourself  
the gift of reflection.**



**Similar topics are  
available  
electronically:**

- Agape Love
- Benchmarks of True Love
- Love vs. Pity